## **Cross Country**

- IGHSAU/IHSAA Cross Country Guidance: https://www.ighsau.org/news/cross-country-covid-19-fall-guidance/
- Physical Distancing
  - Physical distancing is required by all spectators attending contests. All spectators are asked to respect the opportunity
    given to student athletes and support the events by adhering to physical distancing and cooperating with requests of
    school officials.
- Use of Face Coverings
  - Spectators are encouraged to use face coverings when unable to maintain physical distancing space of six feet.
- Away Competitions
  - All spectators at away contests will be required to follow the guidance issued by the home school district when attending events visiting opposing teams' facilities.
    - Failure to comply with away school district rules, may result in denial of admission to future Decorah High School events.

## **Football**

- IHSAA Football Guidance: https://www.iahsaa.org/covid-19-fall-football/
- Admission for Home Contests
  - Admission will be charged for all high school football contests.
    - Admission prices will be \$6.00 for Adults and \$5.00 for Students for Friday night contests.
    - Admission prices will be \$3.00 for Adults and \$2.00 for Students for all other contests.
    - All PK-5 students must be accompanied by a parent or guardian to gain admittance to Viking Stadium for varsity football contests.
      - All PK-5 students will be expected to sit with their parent or guardian.
    - Standard procedures will be followed for Decorah High School Activities Department punch passes and activity passes
  - Main bleacher section seating at Viking Stadium will be restricted to 50% capacity for Friday night contests in accordance with state guidelines.
    - A will call system will be set up for students and families of football players to be able to have access to the bleachers.
      - Students and football families will be sent a google form each Monday of a home game to request
        their allotment of wristbands for bleacher access. Deadline to complete the form will be Thursday
        at 9:00 PM.
      - Each student grades 7-12 will be allowed to request one wristband for access to the bleachers.
      - Each family of a football player will be allowed to request up to four wristbands for access to the bleachers.
      - Wristbands will be picked up at the stadium at a designated location inside the main gate after individuals have been admitted to the game.
      - Any extra wristbands will be made available on a first come first serve basis for spectators.
- Physical Distancing
  - Physical distancing is required by all spectators attending contests. All spectators are asked to respect the opportunity
    given to student athletes and support the events by adhering to physical distancing and cooperating with requests of
    school officials.
- Use of Face Coverings
  - Spectators are encouraged to use face coverings when unable to maintain physical distancing space of six feet.
- Streaming Options
  - All home football contests will be streamed online via the NFHS Network.
  - Subscriptions for the NFHS Network can be found at: <a href="https://www.nfhsnetwork.com/schools/decorah-high-school-decorah-ia">https://www.nfhsnetwork.com/schools/decorah-high-school-decorah-ia</a>
  - Streaming information for each contest will be pushed out weekly via social media from the activities department for all home and away contests.
- Away Competitions
  - All spectators at away contests will be required to follow the guidance issued by the home school district when attending events visiting opposing teams' facilities.
    - Failure to comply with away school district rules, may result in denial of admission to future Decorah High School events.

## **Swimming and Diving**

- IGHSAU Swimming and Diving Guidelines: <a href="https://www.ighsau.org/news/swimming-diving-covid-19-fall-guidance/">https://www.ighsau.org/news/swimming-diving-covid-19-fall-guidance/</a>
- Admission for Home Meets
  - Admission will be charged for all high school swim meets at Luther College.
    - Admission prices will be \$5.00 for Adults and \$3.00 for Students for home meets.
    - Standard procedures will be followed for Decorah High School Activities Department punch passes and activity passes for admission.
  - Gallery seating for spectators at the Luther Aquatics Center will be limited to 50 people.
    - A rotating system for direct family members will be put in place allowing families to remain in a holding
      area at the SRC/Indoor Track. Upcoming events will be announced for spectators to rotate into the pool
      gallery area to see their athlete compete and then return to the SRC/Indoor Track until their athlete's next
      event is announced.
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    - No spectators will be allowed for home swimming meets at Luther College.
- Use of Face Coverings
  - All spectators will be required to wear face coverings on the Luther College Campus.
- Physical Distancing
  - Physical distancing is required by all spectators attending contests. All spectators are asked to respect the opportunity
    given to student athletes and support the events by adhering to physical distancing and cooperating with requests of
    school officials.
- Streaming Options
  - Attempts will be made to stream all home swim meets.
  - Streaming information for each contest will be pushed out weekly via social media from the activities department for all home and away contests.
- Away Competitions
  - All spectators at away contests will be required to follow the guidance issued by the home school district when attending events visiting opposing teams' facilities.
    - Failure to comply with away school district rules, may result in denial of admission to future Decorah High School events.

## Volleyball

- IGHSAU Volleyball Guidance: <a href="https://www.ighsau.org/news/volleyball-covid-19-fall-guidance/">https://www.ighsau.org/news/volleyball-covid-19-fall-guidance/</a>
- Admission for Home Contests
  - Admission will be charged for all high school volleyball contests.
    - Admission prices will be \$5.00 for Adults and \$3.00 for Students for home volleyball matches.
    - Standard procedures will be followed for Decorah High School Activities Department punch passes and activity passes for admission.
  - Bleacher seating will be restricted to 50% capacity for all contests in accordance with state guidelines.
- Physical Distancing
  - Physical distancing is required by all spectators attending contests. All spectators are asked to respect the opportunity
    given to student athletes and support the events by adhering to physical distancing and cooperating with requests of
    school officials.
- Use of Face Coverings
  - All spectators will be required to wear face coverings for indoor events at Decorah High School.
- Streaming Options
  - All home volleyball matches will be streamed online via the NFHS Network.
  - Subscriptions for the NFHS Network can be found at: <a href="https://www.nfhsnetwork.com/schools/decorah-high-school-decorah-ia">https://www.nfhsnetwork.com/schools/decorah-high-school-decorah-ia</a>
  - Streaming information for each contest will be pushed out weekly via social media from the activities department for all home and away contests.
- Away Competitions
  - All spectators at away contests will be required to follow the guidance issued by the home school district when attending events visiting opposing teams' facilities.
    - Failure to comply with away school district rules, may result in denial of admission to future Decorah High School events.